

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## LETITIA FERREIRA

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 01:49:27

**PACE** 08:24/km

**OVERALL** 72 of 149

**GENDER** 19 of 70

**40 - 49** 5 of 28

23 June 2019, Sun

Date



BoutTime